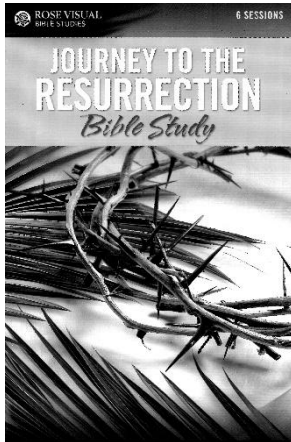


## Lent 2025 at St. Oswalds

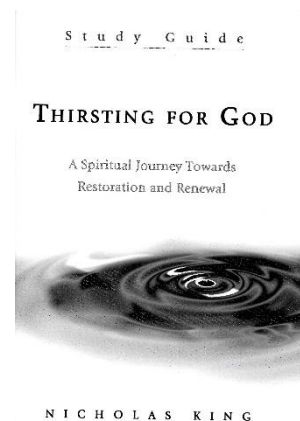


### Study Groups

This year we are using '*Journey to the Resurrection*' a course of 6 sessions travelling with Jesus from the wilderness through the pain of abandonment to the glory of hope. Groups will be meeting on Tuesday evenings, Wednesday and Thursday afternoons, and Thursday evenings. Please sign up using the sheets in church or phone the church office.

### Personal Study

For those who prefer to journey alone, we are recommending '*Thirsting for God*'. It is a spiritual journey towards restoration and renewal using prayer, New Testament texts with a commentary, and reflective questions. Copies are available from the Church Office.



### Prayer resources

Resources to help you pray through Lent will be available in St. George's chapel for you to use either in church or at home on your own or in small groups. We are also using Lent 2025 to begin weaving our prayer tapestry so do pop in and have a look and add your prayer alongside those of others.

### Wednesday Reflections and Litany

Beginning on March 12<sup>th</sup>, a series of short reflections on the theme of 'journeying'. Each reflection starts at 12 noon and concludes with a short litany. The Wednesday Lent Study Group then follows with participants encouraged to bring their lunch as we study together.